

WE INVITE YOU

to enjoy

complimentary indulgences

before or after your treatment

Lounge or nap in the Resting Area with meditation pool and fireplace. Submerge in the oversized whirlpool with private bar at our Aqua Terrace. Experience the latest in fitness with a complimentary exercise class or work out in our Fitness & Yoga studios. Utilize our finely appointed locker rooms and meditate in our eucalyptus-infused steam room or sauna.

Consultations & Appointments

Set aside some time to meet with the MedSpa Solutions professional team to discuss your skin care and beauty needs. They will help you create a treatment plan tailored to your specific goals. Consultations are required before booking any MedSpa services.

Spa Etiquette

Spa Mirbeau welcomes guests 18 years and older. We are a non-smoking facility. Guests will not be permitted to enter or depart the premises with alcoholic beverages. Please do not bring cell phones and other electronic devices into the Spa. If you must cancel or reschedule your service, 48 hours notice is required to avoid charges for the service. For more details, a complete list of guidelines can be viewed on our website.



at *Mirbeau*

Medical Aesthetics reimagined
to inspire a
Life. Classically Balanced.



Spa *Mirbeau*

SPAMIRBEAU.COM • 1.844.MIRBEAU

1 CROSSGATES MALL ROAD, ALBANY NY 12203



Skin Rejuvenation

Body



HydraFacial

HydraFacial is a non-invasive, multistep treatment that combines the benefits of hydradermabrasion, a chemical peel and extractions into one soothing experience that delivers visible results without down time. The HydraFacial is great for all skin types and conditions such as sun damage, hyper-pigmentation, fine lines and wrinkles, oily and acne-prone skin.

Dermapen – Micro-needling

Dermapen is an automated micro-needling device with a disposable tip cartridge that is made up of 12 micro-needles, which penetrate the skin vertically into the skin. It creates invisible micro-injuries to the skin, while stimulating the skin's natural ability to heal itself and increase the production of new collagen. These micro-injuries stimulate the body's innate ability to regrow and repair the skin through normal physiological processes and the skin becomes rejuvenated and refreshed.

Cosmetic

Dermal Fillers “Liquid Facelift”

Replenish youthful volume with instant results. The natural process of aging causes a decrease in facial volume causing sagging, folds and wrinkles. Placement of the filler in the cheek area will lift the skin up, placement of the filler in the nasolabial folds will smooth out the “marionette” smile lines resulting in aging reversal and a younger appearance. The hyaluronic acids dermal fillers last from 6-8 months and the calcium hydroxide dermal fillers last around 2 years. Your provider will help you create a treatment plan tailored to your specific goals.

OPTIONS

- Lip Shaping & Volumizing
- Forehead Lines
- Marionette Line Treatment
- Jaw Line
- Nasolabial Fold Treatment
- Smokers Lines
- Chin Treatments

Neuromuscular Modulators *Botox, Dysport, Xeomin, Jeuveau*

Neuromodulators are used in aesthetic medicine to block or reduce unwanted facial muscle activity. Products like Botox, Dysport, Jeuveau, and Xeomin and selected by our doctors in consultation with our clients to ensure the best possible aesthetic effects. When botulinum toxin is injected, it blocks certain nerve signals that make muscles contract. The muscles relax, reducing unwanted wrinkles. This effect lasts about 3–6 months. Your provider will help you create a treatment plan tailored to your specific goals.

OPTIONS

- Bunny Lines
- Chin
- Forehead Wrinkles
- Playtsmal Bands
- Glabellar Complex (II Lines)
- Masseters (Jaw)
- Smile Lines/Crows Feet

Non-Surgical Face Lift: PDO Threads

A PDO Thread Lift is a minimally invasive procedure. After numbing and infusion of local anesthesia, the PDO threads are inserted via sharp or blunt tip needles (called cannulas) into different layers of the skin. Once inserted, the threads anchor the skin and smooth fine lines and wrinkles, rebuild collagen, and lift the skin upwards. PDO is polydioxanone suture material that resorbs over 2 months and has been used for years for suturing deep dermal layers in general surgery. Benefits of PDO threads lasts around two years and include smoother skin and collagen and elastin regeneration.

Laser

Laser Treatments

Hair removal, skin resurfacing treatment of acne and surgical scars, dark sun spot removal, and treatment of vascular lesions from leg veins to port wine stains.

EMSCULPT: Electromagnetic Energy Body Sculpting

The EMSCULPT is the world's only non-invasive procedure to efficiently build your muscles, restore your core, tone and firm your buttocks, and get your flat, sculpted abs back. Emsculpt offers a first of its kind application of a unique magnetic field which penetrates through skin to deliver almost 20,000 muscle contractions per session. This is the ONLY technology that builds muscle and burns fat simultaneously while leaving the surrounding tissues unaffected.

BTL Exillis Ultra 360: Radiofrequency Skin Tightening

The new noninvasive device is a first-of-its kind aesthetic treatment that simultaneously transmits both radio frequency and ultrasound energy to address numerous aesthetic concerns, including wrinkles, skin laxity, cellulite and other unwanted body parts. Patients appreciate the fact that results can often be seen and felt after the first treatment and continue to improve with each additional session. It has a cooling tip to allow a level of penetration for enhanced results, adding to its treatment versatility to rejuvenate previously challenging areas like the neck, arms, back, love handles, and upper thighs. Your provider will help you create a treatment plan tailored to your specific goals.

The Vanquish ME

The Vanquish ME is a breakthrough in non-invasive fat removal treatment. Sit comfortably and relax while your fat is being selectively targeted and disrupted through the heating of adipose tissue. The process leads to fatty cell shrinkage and elimination. Your provider will help you create a treatment plan tailored to your specific goals.

Hydrocuse: Hydration Infusion Therapy & Oxygenation

IVFR is a great source for IV fluid drips, supplements, and oxygen therapies. IVFs and oxygen can help restore your body's essential building blocks and get you feeling better fast. All the therapies have been thoughtfully formulated and include treatments for Health and Wellness, Anti-Aging and Beauty, Illness Recovery, Hangover Remedy, Enhanced Wakefulness and Energy, Athletics, Stress Relief, Immune Support and Nutrition and Diet Support.

Smile



Invisalign

Invisalign is a method of orthodontic treatment which uses a series of clear, removable teeth aligners used as an alternative to traditional metal dental braces. When used consistently, the treatment time may be cut down considerably compared to the traditional braces.

TMJ/TMD Treatment

Treat neuromuscular conditions of clenching, grinding, facial muscle pain and spasms, and tension headaches associated with a debilitating condition called TMD (Tempromandibular disorder). The treatment consists of appliance therapy and/or muscular modulators such as Botulinum Toxin.

Opalescence

Opalescence tooth whitening gel is a strong formulation for dentist advised teeth whitening at home. Opalescence lightens internal discoloration caused by medication or tooth trauma as well as superficial stains from foods, drinks, and smoking. The uniquely viscous gel of Opalescence allows it to stay active longer than other whiteners. The kit includes gels, instructions, and impression materials for creating custom dental trays for home.