

An investment in Life. Classically Balanced.



Spa Mirbeau®

WELLNESS MEMBERSHIP

Your Well-Deserved Investment...

- Unlimited professionally-led wellness classes
- Mirbeau Balanced virtual wellness program
- State-of-the-art fitness center including Peloton
- Access to Spa Mirbeau
- Receive 15% off all purchases **including services** at all Mirbeau locations (*excluding alcohol & holiday events*)
- Receive 15% off overnight rates at any of our Mirbeau Inn & Spa locations (*restrictions may apply*)
- Member Events
- Preferred Reservations
- Up to 10 day visits at any of our Spa Mirbeau locations
- Annual members receive : 6 day passes per year for you to bring a guest

ESTATE WELLNESS MEMBERSHIP

INDIVIDUAL

1 annual payment: \$1,675
12 monthly payments: \$150

COUPLES

1 annual payment: \$2,900
12 monthly payments: \$250

MID-WEEK WELLNESS MEMBERSHIP

Monday - Friday

INDIVIDUAL

1 annual payment: \$1,340
12 monthly payments: \$120

COUPLES

1 annual payment: \$2,325
12 monthly payments: \$205

MONTH-TO-MONTH

Limited Availability

INDIVIDUAL

\$180

COUPLES

\$310

All memberships except the month-to-month option are 12 month contracts

Membership inquiries may be submitted to our Wellness Manager, robynh@mirbeau.com

Health & Wellness

PERSONAL TRAINING

Ensure you are maximizing the benefits of your workout with one of our motivating trainers. Our certified personal trainers will work with you one on one to create custom workouts based on your fitness goals.

Private Session 50 minutes | \$85 · 80 minutes | \$120

Package of 10 50 minutes | \$720 · 80 minutes | \$1020

Each additional person is \$30 | Add Spa Day Pass \$20 per person

PRIVATE WELLNESS CLASS

Let one of our certified wellness instructors take you through a customized private class tailored to your specific needs and goals: yoga, meditation, pilates, cycle, full body sculpt, core strength, and more.

Private Session 50 minutes | \$85 · 80 minutes | \$120

Each additional person is \$30 | Add Spa Day Pass \$20 per person

HEALTH COACHING

Work with a Health Coach to achieve your wellness goals in the areas of fitness, nutrition, weight management, stress reduction, sleep, smoking cessation, and overall wellness. Our certified coaches will work with you one on one to create lifestyle changing strategies.

Private Session 50 minutes | \$95 · 80 minutes | \$130

Package of 10 50 minutes | \$800 · 80 minutes | \$1100

Add Spa Day Pass \$20 per person

REIKI TREATMENT

The intention of Reiki Healing is to create deep relaxation, to help speed healing, reduce pain, and to create an overall sense of calm. This involves the placing of the hands just off the body or lightly touching the body, as in 'laying on of hands. Spa Day Pass included.

Private Session 50 minutes | \$95

MIRBEAU BALANCED VIRTUAL MEMBERSHIP

A personal virtual wellness membership delivered to you by the professional wellness teams of Mirbeau Inn & Spa featuring unlimited access to 40+live-stream classes, 100+ classes on-demand, and customized private coaching. Visit mirbeaubalanced.com to learn more.

\$39/month

Wellness offerings are available to book for any spa guest.

Members receive 15% off listed pricing.