

The image features a woman lying on a massage table, receiving a head massage. Her eyes are closed, and she has a serene expression. A therapist's hands are visible, gently massaging her forehead. In the background, a fireplace with a warm glow is visible, creating a relaxing atmosphere. The logo for Spa Mirbeau Albany is overlaid on the image. The logo consists of the text "Spa Mirbeau" in a white, elegant script font, with a yellow brushstroke effect behind the word "Mirbeau". Below it, the word "ALBANY" is written in a smaller, white, all-caps sans-serif font.

Spa Mirbeau[®]
ALBANY

Spa treatment menu

discover

A DAY RESORT

UNLIKE ANY OTHER.

Breathe, adjust, restore, and rejuvenate – INSIDE AND OUT.

ENJOY *complimentary indulgences*
Before or after your SPA TREATMENT

Lounge or nap in the RESTING AREA with meditation pool and fireplace.

Submerge in the oversized whirlpool with private bar and full menu from The Bistro in the AQUA TERRACE.

Experience the latest in fitness with a complimentary exercise class or work out in our Fitness & Yoga studios.

Meditate in our eucalyptus-infused steam room or dry sauna.

Spa Mirbeau

Massages

Nature's Healer Massage

Enjoy this innovative healing technique which uses warm Himalayan salt stone crystals and cool river stones to massage and soothe away any accumulation of stress and tension while bringing the mind, body, and spirit into balance. Great deep muscle relief yet comfortable enough for even the most sensitive of guests.

100 min price 280 255 ^{mth}

Deep Tissue Massage

A full body, deep tissue massage releases tense muscles. Arnica infused oil gently relieves soreness and inflammation.

50 min price 165 150 ^{mth}

100 min price 300 275 ^{mth}

Mirbeau Signature Massage

Experience complete relaxation with this classic Swedish massage designed to alleviate tension and restore balance enhanced by our nourishing Mirbeau exclusive organic oils.

50 min price 145 130 ^{mth}

100 min price 250 225 ^{mth}

Monet's Favorite Fragrance Massage

True to our emphasis on classic balance, this aromatherapy treatment tends to physical, mental and emotional well-being with your choice of natural essential oils and the benefits of Swedish massage.

50 min price 150 135 ^{mth}

100 min price 260 235 ^{mth}

Just the Essentials Massage

A luxurious massage of the scalp, hands and feet with a hot oil scalp ritual for those who prefer to focus fully on these essential areas.

50 min price 145 130 ^{mth}

Men's Essential Massage

For the busy businessman, active sportsman or any man who wants to feel his best. This massage relieves tension and encourages incredible relaxation. Hot and cold facial towels are incorporated during an anti-aging shave emulsion mask, leaving your skin invigorated and ready for the day.

50 min price 145 130 ^{mth}

100 min price 250 225 ^{mth}

Mother-To-Be Massage

Enjoy the tranquility of a massage with specially designed oils that promise to deliver extra care and nurturing to the mother-to-be.

50 min price 145 130 ^{mth}

Massage Enhancements

CBD

Elevate your Signature, Deep Tissue Massage, or Nature's Healer with the calming and soothing effects of non-psychoactive CBD oil to restore natural movement, eliminate chronic pain, improve your mood and naturally promote sleep.

add CBD to 50 min massage 20

add CBD to 100 min massage 40

Hot Stone Melter

Smooth mineral stones with thermal-dynamic properties radiate heat deep inside muscles to relieve tension and stress, enhancing any massage and bringing you into a deeper state of relaxation.

price 20

Couples

Mirbeau Couples Massage

A romantic side-by-side signature massage in the privacy of a spa room - illuminated by the crackling flames of your own fireplace. Perfect for spending close time with your sweetheart, but also a lovely time for bonding between mother and daughter, siblings, or friends.

Choose from any of our 50 minute or 100 minute massages.

Facials

Intracutaneous Oxygen Facial

Breathe deeply and without pause while oxygen works to deliver hyaluronic acid and custom anti-aging active ingredients deep into the skin. The Intracutaneous signature facial incorporates innovative hyaluronic technology and a methodical layering technique to achieve instant results with visible improvement in the following days. Choose from the skin quenching Rejuvenate Treatment to deliver ultimate hydration or the Opulence Treatment to brighten and balance dull uneven skin tone.

50 min price 200 185^{m-th}

GIVE YOUR SKIN A BOOST

Choose an Antioxidant, Vitamin A, Vitamin C+3, or Collagen booster treatment containing cutting edge ingredients to address your skin's specific needs.

price 30

ATOXELENE TREATMENT (Notox-Botox)

Help to stop the lines of time. Hardworking peptides instantly help to smooth your skin for a dramatic reduction in the appearance of fine lines and wrinkles.

price 50

Premier Cru Facial

A supreme beauty ritual providing a comprehensive anti-aging treatment for unparalleled results. The innovative micro-roller massage technique, and exclusive Hydrogel mask creates an immediate lifting effect. Fine lines and wrinkles are visibly-smoothed and refined, leaving the complexion radiant, youthful and glowing with variety.

50 min price 190 175^{m-th}
100 min price 290 265^{m-th}

Resveratrol Lifting Facial

For skin losing its youthful look, specific sculpting techniques strengthen and firm facial contours. This treatment promotes re-volumizing, lifting and firming, instantly reviving skin for an overall younger appearance.

50 min price 160 145^{m-th}

Mirbeau Signature Facial

Brighten, hydrate, purify, and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

50 min price 145 130^{m-th}

Men's Estate Facial

Luxurious hot towels, relaxing neck and shoulder massage, and age-delaying ingredients combine to create the ultimate treatment experience that addresses even the toughest male skin concerns.

50 min price 145 130^{m-th}

Back Facial

A purifying treatment for the often neglected back area. This service follows the same steps as a customized facial and will help to cleanse, exfoliate, and moisturize the skin while treating any congestions to reveal brighter, smoother, and healthier-looking skin.

50 min price 175 160^{m-th}

Facial Enhancements

Compliment your facial with one of our enhancements to enrich your experience.

Rejuvenate Eye or Lip Mask

A gorgeous moisture rich eye or lip treatment that specifically targets fine lines, dark circles, puffiness and stressed skin. Rejuvenates, brightens and tightens the delicate under eye contour or lip line.

price 25

Dermaplaning

This gentle skin resurfacing procedure exfoliates the top layer of dead skin cells promoting skin cell renewal while allowing for greater penetration of skin care products. Safe for all skin types.

**Available on Signature, Premier Cru, Intracutaneous facials only*

price 50

Body Treatments

French Clay Detox

Your journey begins with an invigorating exfoliation to remove dead skin cells. Next, warm French green clay and seaweed are applied to the body to remove toxins, nourish the skin, and stimulate circulation. A calming scalp massage is performed while the body is wrapped and the skin is replenished with a coconut-argan body oil.

50 min price 155 140^{m-th}
100 min price - with massage 270 245^{m-th}

Vinosculpt Slimming Treatment

A slimming and detoxifying treatment to drain the body and firm & tone skin. Experience a luxurious sculpting ritual using French "Palper Rouler" techniques to promote lymphatic drainage, break up cellulite, tighten skin, and smooth out even the most rebellious areas.

50 min price 155 140^{m-th}
100 min price - with massage 270 245^{m-th}

Crushed Cabernet Scrub

A blend of grapeseeds, honey and brown sugar create a scrub that invigorates and refines, to stimulate microcirculation and drainage of excess toxins. Caudalie's contouring concentrate and body lotion are then carefully applied to restore skin's radiance.

50 min price 155 140^{m-th}
100 min price - with massage 270 245^{m-th}

Impressionist Retreat

Begin with a scent journey to choose your own bespoke fragrant oil. Hot towels prepare your skin as thermal Moor Mud is painted on and you are enveloped in a warm, cocoon. The mud draws impurities from skin and toxins from the body while the lotion and oil application leave your skin cashmere-soft with a healthy glow.

50 min price 150 135^{m-th}

Mirbeau Ritual

Delicately slough away dry, dehydrated skin with this body exfoliation ritual enhanced with an all natural sugar scrub which preserves skin's moisture balance. Finish with a lusciously hydrating full body quench, infusing skin with warm body butter for head-to-toe healing.

50 min price 145 130^{m-th}
100 min price - with massage 250 225^{m-th}

Mother-To-Be Body Polish

Enjoy this gentle yet effective treatment that uses mild exfoliation of the body followed by ultra-hydrating organic coconut oil massaged into the skin to maximize strength, health, and elasticity, and leave the skin soft and glowing.

50 min price 145 130^{m-th}

Hand & Foot *therapy*

We offer beauty without compromise to your nail services using the award winning Dazzle Dry polish system. Dazzle Dry provides 1-2 weeks wear and a 5 minute dry time without the use of harsh chemicals or UV/LED lights.

Refined Elegance *(Manicure or Pedicure)*

This ultra-hydrating treatment begins with an anti-aging fruit enzyme soak followed by a smoothing and hydrating body polish. Relax with a hot stone massage for a little extra and much deserved pampering. Indulge in a warm, moisture infusion of organic shea butter balm and coconut oil that plumps and rejuvenates tired looking hands/arms or feet/legs while leaving a radiant, youthful glow. Nails are impeccably groomed and polished with our long wearing, quick drying, natural and vegan polish.

50 min manicure price 80 70^{m-th}
50 min pedicure price 90 80^{m-th}

Mirbeau Signature *(Manicure or Pedicure)*

Traditional cleaning and grooming of the nails, cuticles, and rough calluses, followed by a light exfoliation and a hydrating honey mask. Enjoy a gentle hand or foot massage and finished with our long wearing, quick drying, natural and vegan polish of your choice.

50 min manicure price 75 65^{m-th}
50 min pedicure price 85 75^{m-th}

Gel Nail Removal *(Manicure or Pedicure)*

Return to your natural nails and relax during this restorative treatment that removes old gel polish from nails. As gel polish is soaked, receive a light exfoliation and restore hydration with our nourishing Mirbeau Exclusive products. Nails are gently groomed and finished with our long wearing, quick drying, natural and vegan polish of your choice.

50 min manicure price 75 65^{m-th}
50 min pedicure price 85 75^{m-th}

Men's Hand Treatment

The ultimate men's hand treatment for those dry, tired hands that are always on show, and need more TLC. Treatment includes hydrating cuticle care and nail grooming.

50 min price 65 55^{m-th}

Men's Foot Treatment

An energizing experience designed for men. Invigorating mint and cool lime combine to revitalize tired feet and legs while deeply hydrating dry or calloused feet, followed by cuticle care and nail grooming. Hot towels and a relaxing massage of the feet and legs round out the experience.

50 min price 75 65^{m-th}

Skincare Specialties

+ peels

Transform and correct your skin with these results oriented specialty services offered in our new clinical express treatment rooms.

Platinum Hydrafacial

The ultimate Hydrafacial experience! Begin with a detoxification process using Lymphatic Drainage. Then, the Signature Hydrafacial deeply cleanses, exfoliates, extracts and hydrates while incorporating a Booster designed to target your specific skin concerns. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

50 min price 370 350^{m-th}

Signature Hydrafacial

This invigorating treatment includes deeply cleansing, exfoliating, and extracting impurities from the skin while simultaneously infusing serums filled with antioxidants, peptide, and hyaluronic acid ingredients to hydrate.

30 min price 225 215^{m-th}

Dermapen-Micro-Needling

This Collagen Induction Therapy, increases the amount of collagen in your skin creating a younger, fresher looking appearance using an automated micro-needling device that causes "micro injuries" to the skin. This allows topical products to be absorbed more effectively and stimulates your body's own collagen production.

50 min price 395 375^{m-th}

Hydrafacial/Micro-Needling Combo

Combine both our Hydrafacial deluxe treatment with our Mirco-needling facial for the ultimate skin transformation.

100 min price 620 600^{m-th}

Brightening Detox Express Facial

This results-driven treatment combines powerful ingredients including vitamin C and hydroxy acids from papaya and fruit enzymes to speed up cellular renewal. Hyaluronic acid rejuvenates and plumps depleted skin while centella stem cells relieve redness. Anti-inflammatory brightening botanicals detoxify and energize delivering quick noticeable results.

30 min price 155 140^{m-th}

Age Later Express Facial + Assessment

This clinical flash treatment combines the latest innovations delivering age-defying results featuring power exfoliators, a rapid quenching mineral-rich volcanic water rapid quenching sheet mask, and a high-performance Vitamin C serum with super-antioxidants and hyaluronic acid. This results driven facial helps to restore firmness, smoothness, and elasticity in one express treatment experience. Your skincare specialist will provide you an assessment and recommend a treatment plan based on your skin condition and concerns.

30 min price 150 135^{m-th}

Age Later Advanced Acne Lift Peel

Skin Type: Breakouts, blemishes and clogged pores. This safe resurfacing peel reduces and treats all types of acne. The blend of alpha and beta hydroxy acids with anti-inflammatory agents effectively treat and heal acne lesions leaving the skin smooth.

30 min price 150 135^{m-th}

Age Later Lightening Lift Peel

Skin type: Advanced pigmentation, aging, dry/dehydrated, uneven skin tone, age spots, redness-prone. This chemical peel helps to reverse the visible effects of damage in two ways. First, it powers away dull, dead cells to illuminate the skin and reduce the appearance of fine lines, wrinkles, age spots, clogged pores and blemishes. Then, it supports collagen for firmer-looking skin over time. This results-driven treatment combines the most innovative and effective botanical brighteners with echinacea, plant-derived stem cells and anti-aging peptides for youthful, illuminated skin.

30 min price 150 135^{m-th}

Age Later Wrinkle Lift Peel

Skin type: Aging, fine lines, wrinkles, uneven skin tone, smoker's skin, tired/dull skin. This ultra-resurfacing glycolic & retinol treatment exfoliates dead surface skin cells, stimulates collagen and elastin, and visibly reduces the appearance of fine lines and wrinkles, leaving skin firm and revitalized.

30 min price 150 135^{m-th}

Dermaplaning

This gentle skin resurfacing procedure exfoliates the top layer of dead skin cells promoting skin cell renewal while allowing for greater penetration of skin care products. Safe for all skin types.

30 min price 90

Brow & Lash

Keratin Lash Lift

YUMI Lashes professional lash enhancement offers a more safe, natural looking alternative to eye lash extensions. A lash lift shapes and turns the lashes upwards to give them length, height, and volume. It gives you the appearance of having longer, darker and thicker lashes with results lasting from 8-12 weeks. 75 minute service.

price 150

Keratin Brow Lamination

YUMI professional brow lamination offers a nourishing and natural brow hair lift. A brow lamination offers individuals with natural brow hair who want to tame unruly hair, add symmetry, uniform shape and the look of fullness. Treatment includes Tint and lasts 6 to 8 weeks. 75 minute service.

price 150

Keratin Lash & Brow Treatment

90 minute service.

price 270

MedSpa Solutions at Mirbeau

Now offering a variety of non-surgical light cosmetic treatments to help guests achieve the look they desire. Whether you want to rejuvenate your skin, contour your body, or enhance your appearance, the professionals from MedSpa Solutions will help customize the most beneficial treatment plan for your goals.

Consultations & Appointments

Set aside some time to meet with the MedSpa Solutions professional team to discuss your skin care and beauty needs. They will help you create a treatment plan tailored to your specific goals. Consultations are required before booking any MedSpa services.

Consultation Price 100

MedSpa Cosmetic

Pricing quoted following consultation

Dermal Fillers “Liquid Facelift”

Replenish youthful volume with instant results. The natural process of aging causes a decrease in facial volume causing sagging, folds and wrinkles. Placement of the filler in the cheek area will lift the skin up, placement of the filler in the nasolabial folds will smooth out the “marionette” smile lines resulting in aging reversal and a younger appearance.

- Lip Shaping & Volumizing
- Marionette Line Treatment
- Nasolabial Fold Treatment
- Chin Treatments
- Forehead Lines
- Jaw Line

Neuromuscular Modulators "Botox"

Neuromodulators are used in aesthetic medicine to block or reduce unwanted facial muscle activity. When botulinum toxin is injected, it blocks certain nerve signals that make muscles contract. After injection the muscles relax, reducing unwanted wrinkles. The effects lasts about 3-6 months.

- Bunny Lines
- Forehead Wrinkles
- Glabellar Complex (II Lines)
- Smile Lines/Crows Feet
- Chin
- Playtsmal Bands
- Masseters (Jaw)

Non-Surgical Face Lift: PDO Threads

A PDO thread Lift is a minimally invasive procedure. After numbing and infusion of local anesthesia, the PDO threads are inserted via sharp or blunt tip needles (called cannulas) into different layers of the skin. Once inserted, the threads anchor the skin and smooth fine lines and wrinkles, rebuild collagen, and lift the skin upwards. Benefits of PDO threads lasts around two years and include smoother skin and collagen and elastin regeneration.

MedSpa Laser

Pricing quoted following consultation

Facial Rejuvenation

Revitalize your skin with no discomfort and no downtime. Services range from skin resurfacing treatments of acne and surgical scars to dark sun spot removal.

Hair Removal

Eliminate razors, waxing and ingrown hairs and experience the liberation that comes along with never shaving again! Highly concentrated light is beamed into hair follicles where the pigment in the follicles absorbs the light that damages and destroys the hair.

Vascular Lesions

These services encompass a wide range of indications, including rosacea, facial and spider veins, varicose veins, and more.

MedSpa Hydration & Vitamin Therapy

IV Infusion

IVFR is a great source for IV fluid drips, supplements, and oxygen therapies. IVFs and oxygen can help restore your body's essential building blocks and get you feeling better fast.

Myers Cocktail \$215 Basic Recovery \$145
+ Vitamin C Boost \$40

Intramuscular Injections

Looking to boost your mental and physical performance? Get a vitamin boost and feel better fast! We offer four different IM injections based on what your body needs. IM is a technique used to deliver medication deep into the muscles. This allows the medication to be absorbed into the bloodstream for faster results compared to oral vitamins.

Glutathione \$25 Vitamin D \$40
Lipo-C \$25 Triple Boost \$60
B-12 \$25 (Glutathione, Lipo-C, B-12)
Biotin B7 \$25

Day Spa Packages

For those fortunate enough to enjoy the elegance and comfort of Spa Mirbeau as a regular getaway destination, we invite you to experience our Day Spa Packages, with a choice of your favorite treatments as well as delicious dining. All Day Spa Packages are inclusive of spa services, gratuities and a credit of \$30 towards lunch.

Just A Day, Away

Choice of any manicure and pedicure, two 50-minute treatments or a 100-minute treatment and lunch for one guest.
price* 450 410 mth

Monet's Palette

Two 50-minute treatments or a 100-minute treatment and lunch for one guest.
price* 360 320 mth

A Touch of Class

Choice of a 50-minute treatment and lunch for one guest
price* 200 180 mth

Close To You

Reconnect with a side-by-side signature massage in our couples' suite and a quiet lunch for two.
price 370 340 mth
+ Additional upgrade may apply for specialty massages

**MedSpa services are excluded from our Day Spa Packages. Additional \$45 upgrade for Intracutaneous Oxygen or Premier Cru Facials.*

Spa Day Pass

Experience all of our amenities, without booking a treatment.
price 80 60 mth
+ Limited day passes issued each day based on availability



**All prices are subject to change without notice. M-th pricing not valid over the following holiday dates:
December 26th - 29th, 2022 + January 16th, 2023 + February 14th, 2023 + February 20th - 23rd, 2023 + October 9th, 2023.*

Mirbeau Gift Cards

Gift Cards are available and may be used toward spa treatments, purchases at La Boutique and dining, and are accepted at all Mirbeau Inn & Spa Resorts and Spa Mirbeau locations. Purchase in-store, by phone, or online at www.shop.mirbeau.com.

Wellness Memberships

We offer month-to-month and yearly Wellness Memberships for individuals, couples, seasonal residents and corporations. Please call or visit our website for full details and pricing.

Gratuities

For your convenience, a suggested gratuity of 20% will be automatically added to your final bill for all Spa services, excluding MedSpa services. Day Spa Package pricing is inclusive of gratuity.

Spa Etiquette

Spa Mirbeau welcomes guests 18 years and older. We are a non-smoking facility. Guests will not be permitted to enter or depart the premises with alcoholic beverages. Please do not bring cell phones and other electronic devices into the Spa. If you must cancel or reschedule your service, 48 hours notice is required to avoid charges for the service. Day Passes for use of facilities are only available for purchase Sunday - Friday.



Spa Mirbeau®

SPAMIRBEAU.COM • 1.844.MIRBEAU

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