

The logo for Spa Mirbeau Albany features the brand name in a white, elegant script font. The word "Mirbeau" is partially overlaid by a thick, horizontal yellow brushstroke. Below the brand name, the word "ALBANY" is written in a clean, white, all-caps sans-serif font.

Spa Mirbeau<sup>®</sup>  
ALBANY

A woman with dark hair is lying on her back on a white spa table, eyes closed, receiving a facial treatment. A therapist's hands are visible, gently massaging her forehead. The background is softly blurred, showing a warm, glowing light source, likely a fireplace, creating a relaxing atmosphere.

*spa treatment menu*



*discover*

A DAY RESORT  
UNLIKE ANY OTHER.

Breathe, adjust, restore, and rejuvenate – INSIDE AND OUT.

*enjoy complimentary indulgences*

BEFORE OR AFTER YOUR SPA TREATMENT

Lounge or nap in the RESTING AREA with meditation pool and fireplace.

Submerge in the oversized whirlpool with private bar and full menu from The Bistro in the AQUA TERRACE.

Experience the latest in fitness with a complimentary exercise class or work out in our Fitness & Yoga studios.

Meditate in our eucalyptus-infused steam room or dry sauna.

Spa Mirbeau



## Skin First

### *advanced aesthetic treatments*

Transform and correct your skin with these results oriented specialty services offered in our new clinical express treatment rooms.

### Skin First Signature + Analysis Facial

This clinical facial targets uneven skin tone helping to reignite a dewy, lit-from-within glow, while supporting the skin's vital microbiome and defending against premature aging. Your skincare specialist will provide you an assessment and recommend a treatment plan based on your skin condition and concerns.

50 min price 165 150<sup>m-th</sup>

### Brightening Detox Express Facial

This results-driven treatment combines powerful ingredients including vitamin C and hydroxy acids from papaya and fruit enzymes to speed up cellular renewal. Hyaluronic acid rejuvenates and plumps depleted skin while centella stem cells relieve redness. Anti-inflammatory brightening botanicals detoxify and energize delivering quick noticeable results.

30 min price 155 140<sup>m-th</sup>

### LightStim LED Therapy

Harness the power of light to rejuvenate your skin naturally. The advanced LED facial combines multiple wavelengths of LED light to improve various skin issues. Results include increased collagen, smoothing out lines and wrinkles, minimizing hyper-pigmentation, and controlling acne.

30 min price 100 80<sup>m-th</sup>

### Dermaplaning

This gentle skin resurfacing procedure exfoliates the top layer of dead skin cells promoting skin cell renewal while allowing for greater penetration of skin care products. Safe for all skin types.

30 min price 90

### Intracutaneous Oxygen Facial

Breathe deeply and without pause while oxygen works to deliver hyaluronic acid and custom anti-aging active ingredients deep into the skin. The Intracutaneous signature facial incorporates innovative hyaluronic technology and a methodical layering technique to achieve instant results with visible improvement in the following days. Choose from the skin quenching Rejuvenate Treatment to deliver ultimate hydration, the Opulence Treatment to brighten and balance dull uneven skin tone, or the Clarity Treatment to clear oil build-up.

50 min price 200 185<sup>m-th</sup>

#### GIVE YOUR SKIN A BOOST

Choose an Antioxidant, Vitamin A, Vitamin C+3, or Collagen booster treatment containing cutting edge ingredients to address your skin's specific needs.

price 30

#### ATOXELENE TREATMENT (Notox-Botox)

Help to stop the lines of time. Hardworking peptides instantly help to smooth your skin for a dramatic reduction in the appearance of fine lines and wrinkles.

price 50

### Innopen™ Micro-Needling Therapy

This Collagen Induction Therapy increases the amount of collagen in your skin to improve the appearance of fine lines and wrinkles, hyperpigmentation and scarring using an automated micro-needling device with that causes "micro injuries" to the skin. This allows topical products to be absorbed more effectively and stimulates your body's own collagen production.

50 min price 330 315<sup>m-th</sup>

## HydraFacial

Our non-invasive treatments deliver long-term skin health and are tailored to meet the specific needs of all skin types. Facials offer instant, noticeable results with no downtime or irritation.

#### PLATINUM

The ultimate Hydrafacial experience! Begin with a detoxification process using Lymphatic Drainage. Then, the Signature Hydrafacial deeply cleanses, exfoliates, extracts and hydrates while incorporating a Booster designed to target your specific skin concerns. This treatment concludes with LED Light Therapy to further reduce the visible signs of aging.

50 min price 370 350<sup>m-th</sup>

#### DELUXE

This treatment deeply cleanses, exfoliates, and hydrates the skin utilizing super serums filled with antioxidants, peptides, and hyaluronic acid, while a signature booster of your choice addresses your specific concerns. This deluxe service concludes with LED Light Therapy to further reduce visible signs of aging.

50 min price 295 275<sup>m-th</sup>

#### SIGNATURE

This invigorating treatment includes deeply cleansing, exfoliating, and extracting impurities from the skin while simultaneously infusing serums filled with antioxidants, peptide, and hyaluronic acid ingredients to hydrate.

30 min price 225 215<sup>m-th</sup>

#### NECK RESCUE

This ultimate neck and décolleté treatment provides immediate anti-aging and brightening results by infusing super serums filled with antioxidants, peptides, and hyaluronic acid deep into the skin. This HydraFacial treatment addresses your specific skincare concerns in this often overlooked area to reduce visible signs of aging, resulting in smoother lines and a youthful neck and décolleté.

30 min price 180 160<sup>m-th</sup>

#### CLARIFYING BACK

The Hydrafacial vortex-fusion technology gently extracts all the impurities from deep within the skin pores of the back, suctions away the excess oil, and infuses the skin with a specific formulation of skincare products catering to your needs. This specialty service leaves your back smoother, clearer, and more hydrated with a healthy glow.

50 min price 260 250<sup>m-th</sup>

#### HYDRAFACIAL/MICRO-NEEDLING COMBO

Combine our Hydrafacial signature treatment with our Innopen™ Micro-Needling facial for the ultimate skin transformation.

100 min price 575 550<sup>m-th</sup>

#### EYE PERK ADD-ON

Brighten and awaken the delicate eye area. Eyelid skin will immediately appear firmer and refreshed.

price 50

#### LIP PERK ADD-ON

Lightly plumps and locks in moisture to reveal a perfect pout.

price 50

## Age Later Peels

Beautiful skin starts with healthy skin. Our signature chemical peels help to reverse the visible effects of damage by powering away dull, dead cells to illuminate the skin and support collagen for firmer, younger-looking skin over time.

### PEEL PREP FACIAL

This is your first step to your peel series. This results driven clinical flash treatment helps to restore firmness, smoothness, and elasticity while preparing your skin for your choice of peel series.

**30 min price** 140 130 <sup>m<sup>-th</sup></sup>

### ADVANCED ACNE LIFT PEEL

Skin Type: Breakouts, blemishes and clogged pores. This safe resurfacing peel reduces and treats all types of acne. The blend of alpha and beta hydroxy acids with anti-inflammatory agents effectively treat and heal acne lesions leaving the skin smooth.

**30 min price** 140 130 <sup>m<sup>-th</sup></sup>

### LIGHTENING LIFT PEEL

Skin type: Advanced pigmentation, aging, dry/dehydrated, uneven skin tone, age spots, redness-prone. This chemical peel helps to reverse the visible effects of damage in two ways. First, it powers away dull, dead cells to illuminate the skin and reduce the appearance of fine lines, wrinkles, age spots, clogged pores and blemishes. Then, it supports collagen for firmer-looking skin over time. This results-driven treatment combines the most innovative and effective botanical brighteners with echinacea, plant-derived stem cells and anti-aging peptides for youthful, illuminated skin.

**30 min price** 140 130 <sup>m<sup>-th</sup></sup>

### WRINKLE LIFT PEEL

Skin type: Aging, fine lines, wrinkles, uneven skin tone, smoker's skin, tired/dull skin. This ultra-resurfacing glycolic and retinol treatment exfoliates dead surface skin cells, stimulates collagen and elastin, and visibly reduces the appearance of fine lines and wrinkles, leaving skin firm and revitalized.

**30 min price** 140 130 <sup>m<sup>-th</sup></sup>

## Classic Facials

### Mirbeau Glow Facial

Our signature facial begins with an in-depth skin analysis for a truly customized facial experience. Brighten, hydrate and smooth your complexion with this radiance-restoring facial.

*Performed with Mirbeau Glow products*

**50 min price** 150 130 <sup>m<sup>-th</sup></sup>

### Premier Cru Facial

A supreme beauty ritual providing a comprehensive anti-aging treatment for unparalleled results. The innovative micro-roller massage technique, and exclusive Hydrogel mask creates an immediate lifting effect. Fine lines and wrinkles are visibly smoothed and refined, leaving the complexion radiant, youthful and glowing with variety.

*Performed with Caudalie products*

**50 min price** 195 175 <sup>m<sup>-th</sup></sup>

**100 min price** 330 290 <sup>m<sup>-th</sup></sup>

### Resveratrol Lifting Facial

For skin losing its youthful look, specific sculpting techniques strengthen and firm facial contours. This treatment promotes re-volumizing, lifting and firming, instantly reviving skin for an overall younger appearance.

*Performed with Caudalie products*

**50 min price** 165 145 <sup>m<sup>-th</sup></sup>

### European Custom Facial

Experience the classic balance of total relaxation and effectiveness by combining classic European aesthetic techniques with customized products for your skin's individual needs.

*Performed with Caudalie products*

**50 min price** 160 140 <sup>m<sup>-th</sup></sup>

## Men's Estate Facial

Luxurious hot towels, relaxing neck and shoulder massage, and age-delaying ingredients combine to create the ultimate treatment experience that addresses even the toughest male skin concerns.

*Performed with Organic Male 4 Men products*

**50 min price** 150 130 <sup>m<sup>-th</sup></sup>

## Back Facial

A purifying treatment for the often neglected back area. This service follows the same steps as a customized facial and will help to cleanse, exfoliate, and moisturize the skin while treating any congestions to reveal brighter, smoother, and healthier-looking skin.

*Performed with Caudalie products*

**50 min price** 180 160 <sup>m<sup>-th</sup></sup>

## Facial *enhancements*

*Compliment your facial with one of our enhancements to enrich your experience.*

## Dermaplaning

This gentle skin resurfacing procedure exfoliates the top layer of dead skin cells promoting skin cell renewal while allowing for greater penetration of skin care products. Safe for all skin types.

*\*Available on Signature, Premier Cru, Intracuticals facials only*  
**price** 50

## Rejuvenate Eye or Lip Mask

A gorgeous moisture rich eye or lip treatment that specifically targets fine lines, dark circles, puffiness and stressed skin. Rejuvenates, brightens and tightens the delicate under eye contour or lip line.

**price** 25

## LightStim LED

Results include increased collagen, smoothing out lines and wrinkles, minimizing hyper-pigmentation, and controlling acne.

**price** 50

## CBD Boost

Defy the effects of aging and nourish dry skin with vitamin C-rich cannabidiol (CBD) oil blend that fights free radicals and rejuvenates skin.

**price** 20



## Massages

### Nature's Healer Massage

Enjoy this innovative healing technique which uses warm Himalayan salt stone crystals and cool river stones to massage and soothe away any accumulation of stress and tension while bringing the mind, body, and spirit into balance. Great deep muscle relief yet comfortable enough for even the most sensitive of guests.

100 min price 300 260 <sup>m-th</sup>

### Deep Tissue Massage

A full body, deep tissue massage releases tense muscles, Arnica infused oil gently relieves soreness and inflammation while a muscle recovery cream infused with Hemp-based CBD helps ease muscle, joint, and nerve pain providing fast, effective relief.

50 min price 170 150 <sup>m-th</sup>  
100 min price 320 280 <sup>m-th</sup>

### Mirbeau Signature Massage

Experience complete relaxation with this classic Swedish massage designed to alleviate tension and restore balance enhanced by our nourishing Mirbeau exclusive organic oils.

50 min price 150 130 <sup>m-th</sup>  
100 min price 280 240 <sup>m-th</sup>

### Monet's Favorite Fragrance Massage

True to our emphasis on classic balance, this aromatherapy treatment tends to physical, mental and emotional well-being with your choice of natural essential oils and the benefits of Swedish massage.

50 min price 160 140 <sup>m-th</sup>  
100 min price 300 260 <sup>m-th</sup>

### Just the Essentials Massage

A luxurious massage of the scalp, hands and feet with a hot oil scalp ritual for those who prefer to focus fully on these essential areas.

50 min price 150 130 <sup>m-th</sup>

### Men's Essential Massage

For the busy businessman, active sportsman or any man who wants to feel his best. This massage relieves tension and encourages incredible relaxation. Hot and cold facial towels are incorporated during an anti-aging shave emulsion mask, leaving your skin invigorated and ready for the day.

50 min price 150 130 <sup>m-th</sup>  
100 min price 280 240 <sup>m-th</sup>

### Mother-To-Be Massage

Enjoy the tranquility of a massage with specially designed oils that promise to deliver extra care and nurturing to the mother-to-be.

50 min price 150 130 <sup>m-th</sup>

## Massage *enhancements*

### CBD

Elevate your Signature, Deep Tissue Massage, or Nature's Healer with the calming and soothing effects of non-psychoactive CBD oil to restore natural movement, eliminate chronic pain, improve your mood and naturally promote sleep.

price 30

### Hot Stone Melter

Smooth mineral stones with thermal-dynamic properties radiate heat deep inside muscles to relieve tension and stress, enhancing any massage and bringing you into a deeper state of relaxation.

price 25

## Couples

### Mirbeau Couples Massage

A romantic side-by-side signature massage in the privacy of a spa room - illuminated by the crackling flames of your own fireplace. Perfect for spending close time with your sweetheart, but also a lovely time for bonding between mother and daughter, siblings, or friends.

Choose from any of our 50 or 100 minute massages

## Body Treatments

### French Sea Detox

Steeped in the traditions of French Thalassotherapy, this treatment uses nutrient dense ingredients from the Brittany coast to improve your overall well-being and nourish your skin. Your journey begins with an invigorating exfoliation to remove dead skin cells. Next, the body is enveloped in a blend of warm French seaweed, green clay and detoxifying oils. A calming scalp massage is performed while the body is wrapped, and the skin is replenished with a algae rich hydrating body oil.

50 min price 160 140 <sup>m-th</sup>  
100 min price - with massage 300 260 <sup>m-th</sup>

### Crushed Cabernet Scrub

A blend of grapeseeds, honey and brown sugar create a scrub that invigorates and refines, to stimulate microcirculation and drainage of excess toxins. Caudalie's contouring concentrate and body lotion are then carefully applied to restore skin's radiance.

50 min price 160 140 <sup>m-th</sup>  
100 min price - with massage 300 260 <sup>m-th</sup>

### Impressionist Retreat

Begin with a scent journey to choose your own bespoke fragrant oil. Hot towels prepare your skin as thermal Moor Mud is painted on and you are enveloped in a warm, cocoon. The mud draws impurities from skin and toxins from the body while the lotion and oil application leave your skin cashmere-soft with a healthy glow.

50 min price 155 135 <sup>m-th</sup>

### Mirbeau Ritual

Delicately slough away dry, dehydrated skin with this body exfoliation ritual enhanced with an all natural sugar scrub which preserves skin's moisture balance. Finish with a lusciously hydrating full body quench, infusing skin with warm body butter for head-to-toe healing.

50 min price 150 130 <sup>m-th</sup>  
100 min price - with massage 280 240 <sup>m-th</sup>

### Mother-To-Be Body Polish

Enjoy this gentle yet effective treatment that uses mild exfoliation of the body followed by ultra-hydrating organic coconut oil massaged into the skin to maximize strength, health, and elasticity, and leave the skin soft and glowing.

50 min price 150 130 <sup>m-th</sup>

## Hand & Foot *therapy*

We offer beauty without compromise to your nail services using the award winning Dazzle Dry polish system.

Dazzle Dry provides 1-2 weeks wear and a 5 minute dry time without the use of harsh chemicals or UV/LED lights.

### Refined Elegance *(Manicure and Pedicure)*

This ultra-hydrating treatment begins with an anti-aging fruit enzyme soak followed by a smoothing and hydrating body polish. Relax with a hot stone massage for a little extra and much deserved pampering. Indulge in a warm, moisture infusion of organic shea butter balm and coconut oil that plumps and rejuvenates tired looking hands/arms and feet/legs while leaving a radiant, youthful glow. Nails are impeccably groomed and polished with our long wearing, quick drying, natural and vegan polish.

100 min manicure & pedicure price 150 140 <sup>m-th</sup>

### Mirbeau Signature *(Manicure or Pedicure)*

Traditional cleaning and grooming of the nails, cuticles, and rough calluses, followed by a light exfoliation. Enjoy a gentle hand or foot massage and finished with our long wearing, quick drying, natural and vegan polish of your choice.

45 min manicure price 80 70 <sup>m-th</sup>

45 min pedicure price 90 80 <sup>m-th</sup>

### Gel Nail Removal *(Manicure or Pedicure)*

Return to your natural nails and relax during this restorative treatment that removes old gel polish from nails. As gel polish is soaked, receive a light exfoliation and restore hydration with our nourishing Mirbeau Exclusive products. Nails are gently groomed and finished with our long wearing, quick drying, natural and vegan polish of your choice.

45 min manicure price 80 70 <sup>m-th</sup>

45 min pedicure price 90 80 <sup>m-th</sup>

### Men's Hand Treatment

The ultimate men's hand treatment for those dry, tired hands that are always on show, and need more TLC. Treatment includes hydrating cuticle care and nail grooming.

45 min price 70 60 <sup>m-th</sup>

### Men's Foot Treatment

An energizing experience designed for men. Invigorating mint and cool lime combine to revitalize tired feet and legs while deeply hydrating dry or calloused feet, followed by cuticle care and nail grooming. Hot towels and a relaxing massage of the feet and legs round out the experience.

45 min price 80 70 <sup>m-th</sup>

## Nail *enhancements*

### CBD Boost

Elevate your treatment with the calming and soothing effects of CBD oil to restore natural movement, eliminate chronic pain, improve your mood and naturally promote sleep.

price 20

## Brow & Lash

### Keratin Lash Lift

YUMI Lashes professional lash enhancement offers a more safe, natural looking alternative to eye lash extensions. A lash lift shapes and turns the lashes upwards to give them length, height, and volume. It gives you the appearance of having longer, darker and thicker lashes with results lasting from 8-12 weeks. 75 minute service.

price 150

### Keratin Brow Lamination

YUMI professional brow lamination offers a nourishing and natural brow hair lift. A brow lamination offers individuals with natural brow hair who want to tame unruly hair, add symmetry, uniform shape and the look of fullness. Treatment includes Tint and lasts 6 to 8 weeks. 50 minute service.

price 150

### Keratin Lash & Brow Treatment

90 minute service.

price 270

## Day Spa Packages

For those fortunate enough to enjoy the elegance and comfort of Spa Mirbeau as a regular getaway destination, we invite you to experience our Day Spa Packages, with a choice of your favorite treatments as well as delicious dining. All Day Spa Packages are inclusive of spa services, gratuities and a credit of \$30 towards lunch.

### Just A Day, Away

Enjoy one manicure, one pedicure, and your choice of two 50-minute treatments or a 100-minute treatment and lunch for one guest.

price\* 470 410 <sup>m-th</sup>

### Monet's Palette

Two 50-minute treatments or a 100-minute treatment and lunch for one guest.

price\* 370 320 <sup>m-th</sup>

### A Touch of Class

Choice of a 50-minute treatment and lunch for one guest

price\* 205 180 <sup>m-th</sup>

### Close To You

Reconnect with a side-by-side signature massage in our couples' suite and a quiet lunch for two.

price 390 340 <sup>m-th</sup>

+ Additional upgrade may apply for specialty massages

*\*Skin First advanced aesthetic treatments are excluded from our Day Spa Packages. Additional \$45 upgrade for Premier Cru Facials.*

## Spa Day Pass

Experience all of our amenities, without booking a treatment.

price 80 60 <sup>m-th</sup>

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*\*All prices are subject to change without notice. M-th pricing not valid over the following holiday dates: October 9th, 2023, December 25th 2023 - January 1st, 2024 + January 15th, 2024 + February 14th, 2024 + February 19th - 22nd, 2024.*

## Mirbeau Gift Cards

Gift Cards are available and may be used toward spa treatments, purchases at La Boutique and dining, and are accepted at all Mirbeau Inn & Spa Resorts and Spa Mirbeau locations. Purchase in-store, by phone, or online at [www.shop.mirbeau.com](http://www.shop.mirbeau.com).

## Wellness Memberships

We offer month-to-month and yearly Wellness Memberships for individuals, couples, seasonal residents and corporations. Please call or visit our website for full details and pricing.

## Gratuities

For your convenience, a suggested gratuity of 20% will be automatically added to your final bill for all Spa services, excluding MedSpa services. Day Spa Package pricing is inclusive of gratuity.

## Spa Etiquette

Spa Mirbeau welcomes guests 18 years and older. We are a non-smoking facility. Guests will not be permitted to enter or depart the premises with alcoholic beverages. Please do not bring cell phones and other electronic devices into the Spa. If you must cancel or reschedule your service, 48 hours notice is required to avoid charges for the service. Day Passes for use of facilities are only available for purchase Sunday - Friday.



Spa Mirbeau

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